Fushi organic herbs are sustainably sourced direct from our growers.

They are biodynamically grown, naturally air or sun-dried and fresh-ground® by hand in small batches in our London workshop and capsulated within 3 days in order to ensure optimal quality.

Visit our website to read our ethical policy.



GB-ORG-05 NON-UK AGRICULTURE



GB-ORG-05 NON EU





Fushi is a registered trademark LEARN MORE ABOUT www.fushiwellbeing.com



ASHWAGANDHA >

Fushi Wellbeing Ltd.

Unit 9 Roslin Sq Keizersgracht 482 London, W3 8DH | 1017EG, Amsterdam United Kingdom Netherlands



ORGANIC

ASHWAGANDHA

FRESH-GROUND®

100% pure herb

60 vegan capsules



2 capsules daily or as directed by your healthcare practitioner.

Ingredients:

Organic Ashwagandha (Withania Somnifera), Hydroxypropylmethyl Cellulose (Vegan Capsule Shell).

Origin: India.

ı	Ashwagandha	340mg
ľ	Nutritional Breakdown:	l cap

Do not exceed stated daily dose. Keep out of sight of children. Food supplements are intended to supplement the diet and should not be used as a substitute for a varied diet or healthy lifestyle. Store in a cool dark place. Do not use if the seal is broken.

No added:

Wheat, lactose, preservatives, artificial colours or flavours, yeast.

FRESHLY GROUND & CAPSULATED FROM THIS **SEASON'S HARVEST**