Just Natural Health & Beauty Ltd, 210 Mauretania Road, Southampton, SO16 0YS

Tel: 023 8127 7000 Email: customerservices@clfdistribution.com

## **Product**

Name	Organic Pumpkin Seeds 500g	
Description	Just Natural Organic Pumpkin Seeds are selected from only the best organic producers from around the world. With a deep dark green shell our pumpkin seeds are sourced exclusively from European growers, instead of the cheaper, less tasty Chinese product. Great for topping salads and muesli and incorporating into your favourite bakes. And they're packed in our 100% plastic free compostable packaging.	
Code	JN10	
Barcode	5060338033557	
Country of Origin*	Various EU	
*Country of origin may vary from time to time and the origin stated in this document is not guaranteed.		

## **Packaging**

Net Content	500g
Packaging Type*	Home Compostable Packaging (Certified)
*Packaging type may vary from time to time and the type stated in this document is not guaranteed.	

## **Shelf Life**

Maximum Shelf Life	12 Months
Storage Conditions	Ambient (15°C - 20°C)

Ingredients	Organic Pumpkin Seeds
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## **Nutritional Values per 100g**

Energy	2,375KJ (565kcal)
Fat	47.2g
Of Which Saturates	11.1g
Carbohydrates	2.7g
Of Which Sugars	1.3g
Fibre	8.5g
Protein	30.3g
Salt	0.0g

Certifications	Organic (Soil Association), Vegan Society
Serving Requirements	Sprinkle over salads and muesli, or add to your favourite bakes.