

NUTRITIONAL INFORMATION:

TYPICAL VALUES	PER 100g	PER 49.5g (average piece)	*RI per serving
Energy	1079 KJ / 258 kcal	534.4 kJ / 127.4 kcal	6 %
Fat	7.9 g	3.9 g	6 %
of which saturates	3.3 g	1.6 g	8 %
Carbohydrates	38.5 g	19.1 g	7 %
of which sugars	3.3 g	1.6 g	2 %
Fibre	2.3 g	1.1 g	
Protein	7.2 g	3.6 g	7 %
Salt	2.0 g	1.0 g	17 %

*Reference intake of an average adult (8400 KJ / 2000 kcal)

INGREDIENTS: Dough (60%): **Wheat** flour, vegetable oils & fats (contains soya oil, colouring: b- carotene), water, salt, sugar, pasteurized **egg**. Filling (40%): Greens 50% (fresh spinach Greek origin 75%, leek, onions, dill), feta **cheese** 23% (Greek Origin) P.D.O (pasteurized sheep's & goat's milk, salt, culture, microbial rennet), mizithra **cheese** (Greek Origin) 17% (whey cheese from sheep's and goat's **milk**), **wheat** semolina, vegetable oils, salt, sugar, spices.

ALLERGY ADVICE: For allergens, see ingredients in **bold**.
May contain traces of: **soy, sesame seeds**.