

Blueberry Oat Muffin

Flavour	Blueberry Oat Muffin
Bag Weight	45g / 1.58oz
Bag Gross Weight	48g
Case Gross Weight	633g
Case Dimensions (in mm)	225(L) x 110(W) x 135(H)
Bag Dimensions (in mm)	108(L) x 22(W) x 120(H)
Bags Per Case (SRP)	10 Bags (Shelf Ready Packaging)
Cases Per Outer Box	24 Cases (240 Bags)
Outer Boxes Per Layer	5 (UK Standard)
Layers Per Pallet	4 (UK Standard)
Pallet Height	202cm (Including Pallet)
Single Bag Barcode	813047022153
Retail 10 Box Barcode	813047022306
Master Case (10 X 24) Barcode	813047022405
Commodity Codes	2008 9798 90
Product Codes	FG-BOM10
Storage	Ambient / Store in a cool dry place
Open Life	Once opened, consume within 24 hours
Shelf Life From Production	13 months
Country Of Origin	West Sussex, UK

Description	Blueberry Oat Muffin Protein + Vitamin Balls, Plant Protein Breakfast Snack with Pea & Brown Rice Protein, No Added Sugar, with Vitamin B12, Vitamin C and Vitamin D3 and High Fibre.
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Ingredients	Dates, Cashews , Gluten Free Oats (8%), Almonds , Pea Crispies (Pea Protein, Rice Flour), Blueberries (5%), Rice Starch, Grape Juice Concentrate, Pea Protein, Rice Protein, Tapioca Fibre, Cinnamon, Flaxseed, Acerola Cherry Extract, Natural Flavouring, Vitamin D3, Vitamin B12.
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Allergens & Warnings	Packed in a protective atmosphere. May contain: peanuts, other nuts, milk, egg and stones or pits from fruit. Gluten free and suitable for vegans.
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NUTRITIONAL INFORMATION	Per 100g	Per 45g
Energy (kJ)	1629kJ	733kJ
Energy (Kcal)	387kcal	174kcal
Fat (g)	14.1g	6.3g
of which saturates (g)	2.3g	1.0g
Carbohydrates (g)	46.0g	20.7g
of which sugars* (g)	34.9g	15.7g
Fibre (g)	7.9g	3.5g
Protein (g)	15.6g	7.0g
Salt (g)	0.13g	0.06g
VITAMINS	RI	RI
Vitamin B12 (Methylcobalamin)	1.8µg(73%)	0.8µg(33%)
Vitamin C (Acerola Cherry Extract)	59mg(73%)	27mg(33%)
Vitamin D3 (Cholecalciferol)	3.6µg(73%)	1.6µg(33%)

RI = Reference intake of an average adult (8400kJ/2000kcal)

*Contains naturally occurring sugars

