

## Product

Name	Organic Spearmint (Jar)	
Description	Just Natural Spearmint is sourced from only the best organic producers around the world. Spearmint has a sweet minty taste which works well in chutneys, marinades, sauces and more. And it's packed in our 100% reusable, refillable and recyclable glass jar.	
Code	JNLH28	
Barcode	5056078807008	
Country of Origin*	Egypt	
*Country of origin may vary from time to time and the origin stated in this document is not guaranteed.		

## Packaging

Net Content	11g
Packaging Type*	Jar – Glass, Lid – Aluminium, Labels - Paper

\*Packaging type may vary from time to time and the type stated in this document is not guaranteed.

## Shelf Life

Maximum Shelf Life	24 Months
Storage Conditions	Ambient (15°C - 20°C)

Ingredients	Organic Spearmint
Allergens	For allergens, see ingredients in <b>BOLD</b> .

## Nutritional Values per 100g

-	
Energy	285 kcal
Fat	6g
Of Which Saturates	1.58g
Carbohydrates	52g
Of Which Sugars	1.7g
Fibre	29.8g
Protein	19.9g
Salt	0.0g

Certifications	Organic (Soil Association), Vegan Society
Serving Requirements	Make a cool Raita with spearmint, grated cucumber, garlic and yoghurt. Or use as per your recipe for chutneys, marinades an sauces.