

MATCHA POWDER

Our Matcha Green Tea is a high quality tea powder. Specially selected to be suitable for lattes, smoothies and cooking. The tea leaves are picked and dried and then ground into a fine, light green powder.

Matcha has a unique taste that comes from the tea's content of amino acids, mainly theanine. Matcha powder can be used in matcha lattes, smoothies, ice cream or in baking and cooking. Matcha is traditionally used in Japanese tea ceremonies. Iron contributes to normal energy metabolism and normal oxygen transport in the body. Potassium contributes to maintaining normal blood pressure. It is important to have a diverse and balanced diet and a healthy lifestyle.

Ingredients: Organic matcha powder (Camellia Sinensis)

Content: 100g

Certification: EU Organic



Nutritional value per 100 g	
Energy	1268 kJ / 302 kcal
Fat	5,2 g
of which saturated fat	0,7 g
Carbohydrates	21 g
of which sugar	1,2 g
Fiber	29 g
Protein	24 g
Salt	0,0 g
Iron	30 mg (214% of DRI)
Potassium	1610 mg (81% of DRI)

