

Balanced by Nature c/o CLF Distribution Ltd, 210 Mauretania Road, Southampton, SO16 0YS

Tel: 023 8127 7000 Email: customerservices@clfdistribution.com

Product

Name	Hair, Skin & Nails 60 Veggie Caps	
Description	Balanced Hair, Skin & Nails 60 Veggie Caps in our 100% recyclable paper refi pouch. Contributes to the maintenance of healthy Hair, Skin and Nails. Vegan and free from excipients, soy, GMO, gluten, lactose, and sugar. Also available in our re-useable glass bottle.	
Code	BAL24	
Barcode	5056078809088	
Country of Origin*	Made and packed in the UK.	
*Country of origin may vary from time to time and the origin stated in this document is not guaranteed.		

Packaging

Net Content	60 Veggie Capsules	
Packaging Type*	Paper Refill Pouch. Plastic Free certified, 100% recyclable paper.	
*Packaging type may vary from time to time and the type stated in this document is not guaranteed.		

Shelf Life

Maximum Shelf Life	2 Years
Storage Conditions	Ambient (15°C - 20°C)

1 Capsule Provides

Active Ingredient		*NRV%	
MSM	300mg		
Vitamin C	50mg	62	
Hyaluronic Acid	25mg		
Nicotinamide	20mg	125	
Zinc	15mg	150	
PABA	10mg		
Pantothenic Acid	10mg	167	
Vitamin B1	10mg	909	
Vitamin B2	5mg	357	
Vitamin B6	5mg	357	
Copper	1mg	100	
Vitamin A	450ug	56	
Biotin	167ug	333	
Vitamin B12	10ug	400	
Chromium	2ug	5	

*Nutritional Reference Value for Daily Recommended Intake

	and for Early recommended intaine
Ingredients	MSM (Methylsulfonylmethane), Capsule Shell (Vegetable Cellulose (HPMC)), Spirulina (<i>Arthrospira platensis</i>), Vitamin C (Ascorbic Acid), Zinc Citrate, Kelp, Bamboo (<i>Bambus vulgaris</i>), Hyaluronic Acid, Vitamin B3 (Nicotinamide), Vitamin B1 (Thiamine HCL), Vitamin B5 (Calcium Pantothenate) PABA (Paraaminobenzoic Acid), Vitamin B6 (Pyridoxal Phosphate), Vitamin B2 (Riboflavin), Vitamin A Acetate, Copper Citrate, Biotin, Selenium, Chromium Picolinate, Vitamin B12 (Methylcobalamin).
Allergens	n/a

Certifications	Vegan Society	
Serving Requirements	Adults take 1-2 capsule daily with a meal, or as directed by a healthcare professional.	