

**100% NATURAL
INGREDIENTS**



hello
wellness



gentle
action

alcohol
free

herbal
blend

Elderberry Plus is a food
supplement.

Do not exceed the
recommended daily dose.
Not a substitute for a
varied diet.

Made in the UK for
Native Wisdom LTD, PO Box
7169, Poole, BH159EL.



ELDERBERRY PLUS

a herbal blend for
- sore throats -

50ML

ESSENTIALS

INGREDIENTS

Thyme 30%, Echinacea
30%, Elderberry 20%,
Clove 20% - Glycerite
extraction.

DOSAGE

10 drops, twice daily.

Store out of the reach of
young children.

MADE IN
THE UK

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Milk Thistle Plus is a food
supplement.

Do not exceed the
recommended daily dose.

Not a substitute for a
varied diet.

Made in the UK for
Native Wisdom LTD, PO Box
7169, Poole, BH159EL.



MILK THISTLE PLUS

a herbal blend
- for digestion -

50ML

ESSENTIALS

INGREDIENTS

Milk Thistle 28%, Wild Sage
10%, Chamomile 10%, Hibiscus
10%, Fennel Seed 10%,
Dandelion, Burdock & Angelica
Root 10%, Valerian Root 2% -
Glycerite extraction.

DOSAGE

10 drops, twice daily.

Store out of the reach of
young children.

MADE IN
THE UK

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Wormwood Plus is a food
supplement.

Do not exceed the
recommended daily dose.
Not a substitute for a
varied diet.

Made in the UK for
Native Wisdom LTD, PO Box
7169, Poole, BH159EL.



WORMWOOD PLUS

— a herbal blend to —
cleanse the bowel

50ML

ESSENTIALS

INGREDIENTS

Wormwood 20%, Wild Sage
15%, Hibiscus 15%, Wild Thyme
15%, Vervain 15%, Clove 10%,
Ginger 10% - Glycerite
extraction.

DOSAGE

10 drops, twice daily.

Store out of the reach of
young children.

MADE IN
THE UK

**100% NATURAL
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Rose Hip Plus is a food
supplement.

Do not exceed the
recommended daily dose.

Not a substitute for a
varied diet.

Made in the UK for
Native Wisdom LTD, PO Box
7169, Poole, BH159EL.



ROSE HIP PLUS

a source of natural
- Vitamin C -

250ML

ESSENTIALS

INGREDIENTS

Rose Hips 30%, Orange
30%, Elderberry 30%,
Turmeric 10% - Glycerite
extraction.

DOSAGE

5 mls, twice daily.

Store out of the reach of
young children.

MADE IN
THE UK

**100% NATURAL
INGREDIENTS**



hello
wellness



**100%
pure**

**cold
pressed**

**fatty
acids**

Pure cold-pressed
castor oil.

Unrefined and
hexane free.

Made in the UK for
Native Wisdom LTD, PO Box
7169, Poole, BH159EL.

CASTOR OIL

- pure oil for topical use -

INGREDIENTS

Cold-pressed
castor oil
(Ricinus Communis)

DOSAGE

Use on hair
and skin.



250ML

ESSENTIALS

**MADE IN
THE UK**