

#### Product

<b>Name</b>	Ashwagandha with Magnesium 30 Veggie Caps
<b>Description</b>	Balanced Ashwagandha 30 Veggie Caps in our 100% reusable and recyclable bottle. Our Ashwagandha capsules contain Magnesium which contributes to normal muscle function and energy yielding metabolism. Vegan and free from excipients, soy, GMO, gluten, lactose, and sugar.
<b>Code</b>	BAL30
<b>Barcode</b>	5056078809187
<b>Country of Origin*</b>	Made and packed in the UK.
<b>*Country of origin may vary from time to time and the origin stated in this document is not guaranteed.</b>	

#### Packaging

<b>Net Content</b>	30 Veggie Capsules
<b>Packaging Type*</b>	Amber glass bottle, aluminium foil seal and aluminium lid. 100% reusable & recyclable.
<b>*Packaging type may vary from time to time and the type stated in this document is not guaranteed.</b>	

#### Shelf Life

<b>Maximum Shelf Life</b>	2 Years
<b>Storage Conditions</b>	Ambient (15°C - 20°C)

#### 1 Capsule Provides

<b>Active Ingredient</b>		<b>*NRV%</b>
Ashwagandha	300mg	
Magnesium	15mg	4

\*Nutritional Reference Values for Daily Recommended Intake

<b>Ingredients</b>	Ashwagandha Root ( <i>Withania somnifera</i> ), Magnesium Citrate, Capsule Shell (Vegetable Cellulose (HMPC))
<b>Allergens</b>	n/a

<b>Certifications</b>	Vegan Society
<b>Serving Requirements</b>	Adults take 1 capsule with your last main meal of the day, or as directed by a healthcare professional.