

# MAG365

Magnesium Supplement 180g  
**FOOD SUPPLEMENT with Magnesium, Zinc  
and Vitamins C, B6, D3 (Vegan) and K2-MK7**

**SUGGESTED USE:** Individual needs may vary. Start by taking 2.5 g (1 slightly rounded teaspoon) daily and gradually increase to maximally 5.5 g (3 level teaspoons) per day. **MAG365** can be taken during or outside meals. Do not exceed the recommended daily intake. Intake can be taken at one time or split into 2 or 3 portions and taken throughout the day.

**DIRECTIONS:** Mix in a glass or mug with 30–60 ml of hot water. Let it fizz, then stir until dissolved. Fill the remainder of the glass or mug with warm or cold water and enjoy.

A food supplement should not be used as a substitute for a varied, balanced diet and a healthy lifestyle.

**STORAGE:** Keep dry. Keep out of reach of young children.  
Best before end | Batch number: see bottom.

33 DAY  
SUPPLY

Food supplement | Net weight: 180g

**YOUR  
EVERYDAY  
MAGNESIUM**

MAGNESIUM  
**MAG365**



**Magnesium, zinc, vitamin K2-MK7 and  
vitamin D3 contribute to the maintenance  
of normal healthy bones.**

## PRODUCT INFORMATION

Serving Size: 5.5g (3 level tsp)		
Amount per 5.5g		% NRV*
Vitamin D3 800 IU	20 µg	400
Vitamin K2 (MK-7 Trans)	75 µg	100
Vitamin C	200 mg	250
Vitamin B6	2 mg	143
Potassium	300 mg	15
Magnesium	375 mg	100
Zinc	10 mg	100
Boron	3 mg	

\*NRV = Nutrient Reference Value

## INGREDIENTS:

Ionic magnesium citrate (created from a highly absorbable proprietary blend of citric acid and magnesium carbonate), Potassium Bicarbonate, Vitamin C (Ascorbic Acid), Zinc Picolinate, Boric Acid, Vitamin K2-MK7 (Trans), Vitamin B6 (as Pyridoxine HCl), Vitamin D3 (Cholecalciferol Vegan from Lichen).



**ITL Health Limited**

NATURE IS OUR STAR

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**VEGAN • GLUTEN-FREE**



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Product No. 1152 | Made in the Netherlands

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