

daily greens

Greens multivitamin, mineral, green vegetable and fruit superblend food supplement with natural flavourings and sweetener

Making the perfect Daily Greens:

1. Add 250ml cold water to your bottle
2. Add 1 level scoop of Daily Greens (15g/50kcal)
3. **Shake** for 10 seconds



Ingredients: Organic Antioxidant Greens Blend (Organic Chlorella, Organic Spirulina, Organic Broccoli, Organic Broccoli Sprouts, Organic Carrot, Organic Spinach, Organic Kale, Organic Nettle Aerial Part, Organic Green Tea Leaf Extract, Organic Sweet Fennel Fruit, Organic Artichoke Leaf, Organic Basil Leaf, Organic Black Garlic, Organic Green Coffee Bean Extract, Organic Mate Leaf Extract, Organic Calciferous Marine Algae (Aquamin™ F)), Inulin, Pea Fibre, Gluten-Free **Oats**, Tapioca Starch, Organic Pea Protein, Flaxseed, Potassium Citrate, Natural Flavourings, L-Ascorbic Acid, Faba Bean Protein, Potassium Phosphate, Emulsifier: Sunflower Lecithin, Calcium Carbonate, Organic Mushroom and Adaptogen Blend (Organic Ashwagandha Root, Organic Rhodiola Root Extract, Organic Siberian Ginseng Root, Organic Lemon Balm Leaf, Organic Marshmallow Root, Organic Maca Tuber, Organic White Ginseng Root, Organic Red Ginseng Root, Organic Ginger Root, Organic Reishi Mushroom, Organic Cordyceps Militaris Mushroom, Organic Lion's Mane, Cordyceps Sinensis), Organic Coconut Nectar, Organic Chia Seeds, Organic Sprouted Quinoa, Thickener: Guar Gum, Organic Apple, Organic Elderberry, Organic Raspberry, Organic Tart Cherry, Organic Cranberry, Organic Strawberry, Organic Wild Blueberry, Organic Tomato, D-Alpha Tocopheryl Acetate, Magnesium Oxide, Calcium Phosphate, Ferrous Gluconate, Sweetener: Organic Stevia Leaf Extract, Selenium Yeast, Zinc Oxide, Ergocalciferol, Organic Acerola Fruit Extract, Organic Bilberry, Organic Burdock Root, Organic Cinnamon Bark, Organic Dandelion Root, Organic Echinacea Aerial Part, Organic Hawthorn Flowering Top, Organic Hibiscus Flower Extract, Organic Lemon Peel, Organic Lemongrass Leaf, Organic Red Grape Vine Leaf, Organic Small Plantain Leaf, Niacinamide, Menaquinone-7, Retinyl Acetate, Calcium-D Pantothenate, Pyridoxine Hydrochloride, Probiotics (Bacillus Coagulans MTCC 5856, Bifidobacterium Bifidum 100B), Cholecalciferol, Calcium-L Methylfolate, Methylcobalamin, Potassium Iodide, Chromium Picolinate.

Allergy advice: For allergens see ingredients in **bold**. May contain mustard.

Storage: Store in a cool, dry place, away from direct sunlight. Once mixed with water, consume immediately. Wash bottle after every use.

Warnings: Food supplements are not intended to replace a varied and balanced diet and a healthy lifestyle. Do not exceed the recommended daily dose. This product contains vitamin A. Do not take if you are pregnant, breastfeeding, or likely to become pregnant except on the advice of a doctor. Keep out of reach of children.

The Batch and Best Before End date are printed to the bottom of this pouch.

Made in the USA.

Huel Ltd, Tring, HP23 4RN, United Kingdom.

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Nutrition Information

This package contains approximately 30 portions.
1 portion = 1 level scoop (15g).

	Per 100g	% RI* Per 100g	Per portion (15g)	% RI* (15g)
Energy	1367kJ 325kcal		210kJ 50kcal	
Fat (g)	6.5	16%	1.0	3%
- of which saturates (g)	1.0	5%	0.2	1%
- of which monounsaturates (g)	1.3		0.2	
- of which polyunsaturates (g)	3.9		0.6	
Carbohydrate (g)	33	12%	5.0	2%
- of which sugars (g)	4.1	5%	0.6	1%
Fibre (g)	23	(76%)	3.5	(12%)
Protein (g)	20	40%	3.0	6%
Salt (g)	0.41	7%	0.06	1%
Vitamin A (µg)	6021	753%	925	116%
Vitamin D (µg)	301	6020%	46	920%
Vitamin E (mg)	130	1083%	20	167%
Vitamin K (µg)	895	1193%	138	184%
Vitamin C (mg)	2766	3458%	425	531%
Thiamin (mg)	1.5	136%	0.23	21%
Riboflavin (mg)	2.0	143%	0.31	22%
Niacin (mg)	122	763%	19	119%
Vitamin B6 (mg)	20	1429%	3.0	214%
Folate (µg)	4475	2238%	688	344%
Vitamin B12 (µg)	34	1360%	5.3	212%
Biotin (µg)	49	98%	7.5	15%
Pantothenic Acid (mg)	34	567%	5.2	87%
Potassium (mg)	2441	122%	375	19%
Chloride (mg)	57	7%	8.75	1%
Calcium (mg)	846	106%	130	16%
Phosphorus (mg)	830	119%	128	18%
Magnesium (mg)	366	98%	56	15%
Iron (mg)	36	257%	5.5	39%
Zinc (mg)	98	980%	15	150%
Copper (mg)	0.98	98%	0.15	15%
Manganese (mg)	2.3	115%	0.35	18%
Selenium (µg)	171	311%	26	47%
Chromium (µg)	247	618%	38	95%
Molybdenum (µg)	52	104%	8.0	16%
Iodine (µg)	228	152%	35.0	23%

*RI = Reference Intake of an average adult (8400kJ/2000kcal)

Additional Information

	Per 100g	Per portion (15g)
Choline (mg)	146	23
Omega-3 (g)	1.8	0.28
Omega-6 (g)	2.0	0.30



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