



Product name **Organic Sea Salt Seaweed Snacks** <https://morishsnacks.co.uk/products/organic-sea-salt-seaweed-snacks>

Brand name Morish Snacks <https://morishsnacks.co.uk/>

Description Treat yourself to the rich, crave-worthy taste of MORiSH's Organic Sea Salt Seaweed Snacks! Salty, savoury, and downright addictive, these crispy thins are made with premium seaweed, roasted to perfection with organic sunflower oil, and topped off with just a sprinkle of sea salt for that flavour-packed punch. And with only three simple ingredients, they're as wholesome as they are delicious.

Harvested from the pure, nutrient-rich waters off the shores of South Korea, our sea salt seaweed sheets are fresh, clean, and just 21 calories per pack. Plus, they're loaded with essential vitamins and minerals like iodine, calcium, magnesium, and iron. Whether you're vegan, gluten-free, fibre-maxxing, keto, or just in a serious snack mood, we've got you covered!

Grab our toasted organic sea salt seaweed crisps anytime, anywhere – whether you're on the go, at the office, kicking back at home, or trying to stay awake in class. And they're not just great on their own, they're also the perfect crispy topping for ramen, salads, rice bowls, or really any dish in need of a flavour boost! The perfect guilt-free treat for any time of day.

Ingredients Organic sunflower oil, organic seaweed (47%), sea salt.
Allergen statement Made on shared equipment that also processes soya, sesame oil.
Storage information Ambient. Store in a cool dry place.

Typical nutritional values	per 100g	per pack (4g)	
Energy (kJ / kcal)	2,203 / 527	88 / 21	
Fat (g)	41	1.6	
of which saturates (g)	2.9	0.1	
Carbohydrate (g)	4.9	0.2	
of which sugars (g)	0	0	Zero sugar
Fibre (g)	23.4	0.9	High in fibre
Protein (g)	22.8	0.9	Source of protein
Salt (g)	1.3	0.1	
Vitamin B12 (µg / %RI)	49.3 / 1,974%	2.0 / 79%	High in vitamin B12
%RI = daily reference intake			

Country of origin South Korea
Commodity code 2008999990
Manufacturing VAT FSSC 22000
 No



General & dietary			
Organic	Yes, certified	Nut free	Yes
Gluten free	Yes, certified	Wheat free	Yes
Vegan	Yes, certified	Free from palm oil	Yes
Vegetarian	Yes	Free from hydrogenated oils	Yes
Dairy free	Yes	Free from artificial additives	Yes
Sugar free	Yes	Non-GM	Yes
Free from added sugar	Yes	Raw	No

Packaging details	Packs	Weight Net	Gross	Dimensions L x W x H cm	Cases/pallet #	Layers/pallet #	SKU	EAN
Case 6x 5x4g	30	120	595	25 x 21.5 x 19	100	5	MSSWOSS120G1	18807004004404
Case 20x4g	20	80	306	29 x 10 x 18.5	200	5	MSSWOSS080G1	18807004004428
Caddy 5x4g	5	20	63	8 x 10 x 18			MSSWOSS020G1	8807004004407
Single pack 4g	1	4	8	0.5 x 10 x 18			MSSWOSS004G1	8807004004421



SNACKS WITH BENEFITS