



HYDRATION + BEAUTY









For Healthy Hair, Skin & Nails Contributing to normal collagen formation With Biotin, Hyaluronic Acid & Astaxanthin

SCIENTIFICALLY FORMULATED ZERO SUGAR















VEGAN











Enhanced Hydration With Beauty Benefits

Directions: Mix 1 sachet (3 g) of powder with 500 ml of water. Shake or stir well before drinking. Consume 1 serving per day.

This refreshingly delicious hydration powder is packed with vitamins and electrolytes to support both the mind and the body. In addition to supporting energy, performance and recovery, this dual-action formula helps to promote collagen production and skin health. Magnesium contributes to normal muscle function and electrolyte balance. Vitamin B5 contributes to normal mental performance. Vitamin B12 contributes to normal psychological function and the reduction of tiredness and fatigue. Vitamin C contributes to normal collagen formation for the normal function of skin. Zinc contributes to the maintenance of normal hair, skin and nails.

Zero Sugar / Gluten Free / Suitable for Vegans

Storage Instructions: Store in a cool, dry place. Batch / Best Before End: see bottom of pouch.

Warning: Do not exceed the recommended daily dose. Keep out of reach of children. Not suitable for children. Pregnant or breastfeeding women and those taking medication should consult with a doctor before use. Food supplements are not a substitute for a varied and balanced diet and a healthy lifestyle.

As per the composition of the hydration powder it is normal for some residue to settle in your glass or bottle

Contains: 6 x Watermelon Flavour.

Nutritional Information		
Serving Size: 3 g / Number of Servings: 6		
	Per Serving	%NRV*
Vitamin A	180 μg RE	23%
Vitamin D3	2.5 μg	50%
Vitamin C (Liposomal)	22 mg	28%
Niacin (B3)	21 mg NE	131%
Vitamin B6	1.8 mg	129%
Vitamin B12	2.6 µg	104%
Biotin	30 μg	60%
Pantothenic Acid (B5)	4.5 mg	75%
Chloride	116 mg	15%
Magnesium	58 mg	15%
Zinc	2.1 mg	21%
Hyaluronic Acid	170 mg	**
Sodium	43 mg	**
Astaxanthin	4 mg	**

*Nutrient Reference Value **NRV Not Established RE: Retinol Equivalents NE: Niacin Equivalents

Ingredients: Acidity Regulators (Citric Acid. Malic Acid), Magnesium Citrate. Fructooligosaccharide (from Chicory Root), Natural Flavour, Hyaluronic Acid, Potassium Chloride, Sodium Chloride, Sweetener (Steviol Glycosides from Stevia), Beetroot Extract, Astaxanthin, Liposomal Vitamin C (Ascorbic Acid. Emulsifiers Sunflower Lecithin. Gum Acacial. Antioxidant [Tocopherol]), Nicotinamide. Zinc Sulphate, Calcium D-Pantothenate, Pyroxidine Hydrochloride, Vitamin A (Retinol), D-Biotin, Vitamin D3 (Cholecalciferol from Algae), Vitamin B12 (Methylcobalamin).







Food Supplement with Sweetener 6 x 4.5 g (18 g)

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