

Product Code:	S-AA-D-033	Description:	Creatine 1g Pectin Gummy		
Effective Date:	03 June 2025	Version:	1	Weight:	5g
Colour:	Red	Shape:	Round-2	Flavour:	Watermelon

Ingredients and Breakdown Components	% Input Range	Providing
Creatine Monohydrate	14 - 41	Creatine: 1000mg
Glucose Syrup	15 - 44	
Sucrose	12 - 37	
Refined Sucrose	3.5 - 11	
Glycerine	2.3 - 6.8	
Purified Water	1.5 - 4.4	
Pectin (Pectin 65-75%, Sucrose 25-35%)	0.9 - 2.7	
Trisodium Citrate Dihydrate	0.65 - 2	
Citric Acid Monohydrate	0.53 - 1.6	
Flavouring	0.15 - 0.45	
Tricalcium Phosphate	0.11 - 0.33	
Black Carrot Juice Concentrate	0.1 - 0.3	

Suggested Ingredients List:

Sucrose, Glucose Syrup, Creatine Monohydrate, Humectant (Glycerol), Water, Acidity Regulators (Trisodium Citrate, Citric Acid), Gelling Agent (Pectin), Flavouring, Bulking Agent (Tricalcium Phosphate), Black Carrot Juice Concentrate.

Allergen Declaration:

No major allergens as per Regulation EU 1169/2011. May contain Gluten, Crustaceans, Milk, Fish and Soy.

Storage Conditions:

Product should be stored in the original unopened packaging, at 5-25°C temperature, relative humidity of 35-75%, and out of direct sunlight.

Shelf Life:

24 months after the manufacturing date providing the product is stored at the storage conditions shown.

Heavy Metal Limits:

Lead: ≤1.5mg/kg; Arsenic: ≤1.0mg/kg; Mercury: ≤0.1mg/kg; Cadmium ≤1.0mg/kg

Microbiological Limits:

Total aerobic microbial count: $\leq 1,000$ cfu/g; Mould: ≤ 25 cfu/g; Yeast ≤ 25 cfu/g; E. coli ≤ 10 /g; Salmonella: ≤ 10 /g; S. aureus ≤ 10 /g

HTC Group Limited
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Signature:



Title: Compliance and Regulations Manager

Date: 20 November 2025