

At Health & Him, we are committed to support men with their hormonal health. That's why we have conducted research to understand how best to support wellbeing during andropause.
Formulated by experts, Health & Him
Andropause 55+ contains a blend of vitamins,
minerals and active botanicals and provides
men with a convenient source of
phytotestosterone, Tribulus Terrestris.

WHAT IS ANDROPAUSE? Andropause is a natural and gradual decline in testosterone levels that men start to notice in their 40s, 50s and beyor

Can be taken alongside NIGHT

STORAGE: Store in a cool dry place, out of the reach of children. Best before end: see base.

CAUTION: Do not exceed the recommended daily intake. A food supplement should not be used as a substitute for a varied, balanced diet and healthy lifestyle. Always consult your GP before taking food supplements if you are taking medication or have an existing medical condition.

DIRECTIONS FOR MEN: Take 2 capsules daily: ideally 1 with breakfast and 1 with lunch or as directed by a healthcare professional.

For more information and helpful advice, visit our website: healthandhim.com Email us at contact@healthandhim.com

Email us at contact@healthandhim.com
Write to us at:
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Cardiff, CF11 1WQ
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D02 XE80, Ireland
Made in the UK Recyclable carton and bottle

ANDROPAUSE +TESTOSTERONE SUPPORT Ø DEVELOPED | 55

FOR MEN AGED | 55

YRS WHAT IS ANDROPAUSE?
Andropause is a natural and gradual decline in testosterone levels that men start to notice in their 40s,



ANDROPAUSE +TESTOSTERONE SUPPORT

igotimes developed for men aged |55%



TESTOSTERONE LEVELS'
ENERGY'
SEXUAL DESIRE'
MENTAL WELLBEING'
COGNITIVE FUNCTION'
HEART'
MUSCLES & JOINTS'
BONES'
IMMUNITY'
SHILAJIT & LYCOPENE
PHYTOTESTOSTERONE
TRIBULUS TERRESTRIS

VEGAN GO CAPSULES 30 DAYS SUPPLY



UTRITIONAL IFORMATION	2 CAPSULES TYPICALLY PROVIDE	%NRV*
itamin A	800 μg RE	100%
itamin D3	25 µg	500%
itamin E	24 mg α-TE	200%
itamin K2	90 µg	120%
itamin C	250 mg	
niamin	1.1 mg	100%
iboflavin	6 mg	
itamin B6	5 mg	357%
olate	200 µg	100%
tamin B12	240 µg	
antothenic Acid	2.4 mg	40%
alcium	120 mg	
agnesium	56.3 mg	15%
nc	7 mg	70%
elenium	11 µg	20%
hromium	60 µg	150%
copene	1 mg	**
ibulus Fruit Extract 8:1 quivalent to: Tribulus Fruit	500 mg 4,000 mg	**
nilajit Extract	100 mg	**
thiant Defended Value XXXIDV		

*Nutrient Reference Value **NRV not established INGREDIENTS: Tribulus Terrestris Fruit Extract Nutrient Reference Value
INGREDIENTS: Tribulus Terrestris Fruit Extract
(Tribulus terrestris), Calcium Carbonate, Ascorbic Acid
(Vitamin C), Magnesium Citrate, Vegetable Capsule
Shell (Hydroxypropyl Methylcellulose), Shilajit Extract,
Magnesium Oxide, D-Alpha Tocopheryl Succinate
(Vitamin E), Zinc Citrate, Anti-caking Agent (Ascorbyl
Palmitate), Brown Rice Flour, Pyridoxine
Hydrochloride (Vitamin B6), Riboflavin, Calcium
Pantothenate, Thiamine Hydrochloride, Lycopene,
Retinyl Palmitate (Vitamin A), Chromium Picolinate,
L-5-Methyltetrahydrofolate Calcium Salt,
Methylcobalamin (Vitamin B12), Menaquinone-7
(Vitamin K2), L-Selenomethionine,
Cholecalciferol (Vitamin D3). Cholecalciferol (Vitamin D3).



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