

Product

Name	Free Form Amino Acid Complex 60 Veggie Caps
Description	Balanced Free Form Amino Acid Complex is a full spectrum complex providing all 20 amino acids in free form for optimal absorption. Amino acids are the building blocks of protein, used by the body to help build new tissue and aid muscle repair. There are 20 amino acids utilised by the human body and these are grouped into essential, conditionally essential and non-essential. Essential amino acids are not produced in the body so must be consumed in the diet. Non-essential amino acids can be produced in the body provided the body has sufficient resources to produce them. Some non-essential amino acids are also classified as 'Conditional' meaning the body may struggle to produce them when under stress during illness, high intensity exercise, or other stresses exerted on the body. If there is a deficiency in the micro and macro nutrients used as building blocks for the 11 non-essential amino acids then it is necessary to supplement the diet with an amino acid complex such as Balanced Free Form Amino Acid Complex. Balanced amino acids are provided in a free form crystalline state, meaning they do not require digestion. This allows the amino acids to be absorbed into the body much faster and also increases absorption rates. Ordinarily free form amino acids are sourced from animal-based products, but Balanced free form amino acids are 100% vegan and produced using a plant based Enzyme fermentation process. Balanced Free Form Amino Acid Complex is also free from excipients, soy, GMO, gluten, lactose and sugar.
Code	BAL82
Barcode	5055177501541
Country of Origin*	Made and packed in the UK.
*Country of origin may vary from time to time and the origin stated in this document is not guaranteed.	

Packaging

Net Content	60 Vegetable Capsules
Packaging Type*	Amber glass bottle, aluminium foil seal and aluminium lid. 100% reusable & recyclable.
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Shelf Life

Maximum Shelf Life	2 Years
Storage Conditions	Ambient (15°C - 20°C)

2 Capsules Provides

Active Ingredient		*NRV%	Active Ingredient		*NRV%
L-Glutamic Acid	150mg		L-Threonine	417ug	
L-Glutamine	150mg		L-Tyrosine	333ug	
L-Lysine	150mg		L-Valine	133ug	
L-Arginine	138mg		L-Cysteine	100ug	
L-Leucine	120mg		L-Histidine	83ug	
L-Methionine	92mg		L-Alanine	33ug	
Glycine	88mg		L-Aspartic Acid	33ug	
L-Phenylalanine	72mg		L-Proline	13ug	
L-Serine	72mg		L-Tryptophan	3.3ug	
L-Isoleucine	60mg		Taurine	3.3ug	

*Nutritional Reference Value for Daily Recommended Intake

Ingredients	Ingredients: Capsule Shell (Vegetable Cellulose (HPMC)), L-Glutamic Acid, L-Glutamine, L-Lysine, L-Arginine, L-Leucine, L-Methionine, Glycine, L-Phenylalanine, L-Serine, L-Isoleucine, L-Threonine, L-Tyrosine, L-Valine, L-Cysteine, L-Histidine, L-Alanine, L-Aspartic Acid, L-Proline, L-Tryptophan, Taurine
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Certifications	Vegan Society
Serving Requirements	Adults take 1-2 capsules daily with a meal, or as directed by a healthcare professional.