

Product Code:	S-MVH-D-029	Description:	Mood Mushrooms Gummy		
Effective Date:	02 November 2023	Version:	1	Weight:	3g
Colour:	Red	Shape:	Round	Flavour:	Apple

Ingredients and Breakdown Components	% Input Range	Providing
Lion's Mane Extract 2:1 (Hericium Erinaceus Extract 50%, Carrier: Maltodextrin 50%)	0.42 - 1.3	Lion's Mane Extract 2:1: 50mg
Reishi Extract 20:1	0.33 - 1	Reishi Extract 20:1: 400mg
Nicotinamide	0.17 - 0.51	Niacin: 8mg
Ashwagandha Extract 10:1 (Ashwagandha Extract 90-95%, Carrier: Maltodextrin 5-10%)	0.067 - 0.2	Ashwagandha Extract 10:1: 40mg
Vitamin B6 (Pyridoxine Hydrochloride)	0.04 - 0.12	Vitamin B6: 1.6mg
Vitamin B1	0.037 - 0.11	Thiamin: 1.2mg
Glucose Syrup	20 - 61	
Sucrose	20 - 61	
Refined Sucrose	3.5 - 11	
Purified Water	2.6 - 7.9	
Pectin (Pectin 65-75%, Sucrose 25-35%)	1.2 - 3.5	
Citric Acid	0.75 - 2.2	
Sodium Citrate	0.3 - 0.9	
Natural Apple Flavouring (Propan-1,2-diol 84.5%, Natural Flavouring Substances 10-20%)	0.13 - 0.38	
Purple Carrot Juice Concentrate	0.1 - 0.3	
Natural Cinnamon Flavouring (Glyceryl Triacetate 94%, Natural Flavouring Substance 5-10%)	0.05 - 0.15	

Suggested Ingredients List:

Sucrose, Glucose Syrup, Water, Gelling Agent (Pectin), Acidity Regulators (Citric Acid, Sodium Citrate), Lion's Mane Extract 2:1 (Hericium Erinaceus), Reishi Extract 20:1 (Ganoderma Lucidum), Niacin (Nicotinamide), Natural Apple Flavouring, Purple Carrot Juice Concentrate, Ashwagandha Extract 10:1 (Withania Somnifera), Natural Cinnamon Flavouring, Vitamin B6 (Pyridoxine Hydrochloride), Vitamin B1 (Thiamine Hydrochloride).

Allergen Declaration:

No major allergens as per Regulation EU 1169/2011. May contain Gluten, Crustaceans, Milk, Fish and Soy.

Storage Conditions:

Product should be stored in the original unopened packaging, at 5-25°C temperature, relative humidity of 35-75%, and out of direct sunlight.

Shelf Life:

24 months after the manufacturing date providing the product is stored at the storage conditions shown.

Heavy Metal Limits:

Lead: $\leq 1.5\text{mg/kg}$; Arsenic: $\leq 1.0\text{mg/kg}$; Mercury: $\leq 0.1\text{mg/kg}$; Cadmium $\leq 1.0\text{mg/kg}$

Microbiological Limits:

Total aerobic microbial count: $\leq 1,000\text{ cfu/g}$; Mould: $\leq 25\text{ cfu/g}$; Yeast $\leq 25\text{ cfu/g}$; E. coli $\leq 10/\text{g}$; Salmonella: $\leq 10/\text{g}$; S. aureus $\leq 10/\text{g}$

HTC Group Limited
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Signature:



Title: Compliance and Regulations Manager

Date: 20 January 2026