



EyeVit® FORTE

**Nourishes the eyes
and helps maintain
optimum vision**



What are EyeVit® FORTE Tablets?

Good eyesight is an important part of wellbeing and a significant factor in retaining the quality of life as we age.

Each Tablet Contains (average):		%aNRV
Vitamin E (45iu)	30mg	250
Vitamin C	180mg	225
Riboflavin	4.2mg	300
Zinc	15mg	150
Lutein	10mg	*
Zeaxanthin	5mg	*

*V: EC Nutrient Reference Value

*aNRV Not Yet Established

Proper nutrition is essential to help keep your eyes healthy and functioning at their best. EyeVit® FORTE is specially formulated to safeguard the intake of the most beneficial nutrients which are known to help maintain and care for eye health.

What are EyeVit® FORTE Tablets for?

Vitamin E and C are powerful antioxidants that help protect the eyes against damage caused by metabolic by-products called free radicals and against the signs of ageing around the eyes. Studies suggest that these vitamins may help to prevent cataracts, and macular degeneration (AMD).

Riboflavin may help to prevent structural changes within the cornea, according to some research. A deficiency in this vitamin can cause the eyes to become bloodshot, itchy, watery and sensitive to bright light.

Zinc helps the body absorb Vitamin A, which is beneficial for the maintenance of healthy eyesight. It also assists antioxidant enzymes in the body in reducing the number of free radicals which can cause damage to the eyes. **Zinc** is known to protect against macular degeneration and night blindness.

Lutein and Zeaxanthin are compounds called xanthophylls, which are yellow pigments that occur naturally in many plants and vegetables. They appear to have important antioxidant functions in the body, and help block blue light from reaching the underlying structures in the retina, thereby reducing the risk of light-induced oxidative damage.

Who are EyeVit® FORTE Tablets for?

EyeVit® FORTE Tablets may be of benefit to:

- Those who wish to ensure proper nourishment to the eyes
- Contact lens wearers and those working long hours at a computer screen
- Elderly people who wish to protect their eyes against the signs of ageing
- Those who suffer from dry eye conditions or dark circles

HealthAid Ltd

HealthAid House, Marlborough Hill, Harrow, HA1 1UD

Tel: 020 8426 3400 Fax: 020 8426 3434

Email: sales@HealthAid.co.uk Web: www.HealthAid.co.uk



- Those with a compromised vision

When should I take EyeVit® FORTE Tablets?

EyeVit® FORTE tablets can be taken daily for all those who wish to help maintain the health of their eyes. It is ideal for contact lens wearers and for those working long hours at a computer screen.

Recommended Daily Intake

Adults and children over 12 years of age, one tablet daily. Adults can increase up to two tablets daily if required. Do not exceed recommended daily intake unless advised by a suitably qualified person.

Product Code	803163					Product Name:	EyeVit® FORTE				
Pack Size	30's: 2 strips of 15 tablets each, packed in a carton printed with all the relevant information										
UK Trade and Retail Price	Trade: £9.77					Retail: £17.49					
Appearance	An oval yellow coloured biconvex coated tablet.										
Size	15.4mmX9mm		Shape	Oval		Average Weight		940mg			
Ingredients	Bulking Agent (microcrystalline cellulose, di-calcium phosphate), Vitamin C (ascorbic acid), Zeaxanthin and Lutein (<i>Tagettes ereta</i>), Natural Vitamin E Succinate, Glazing Agent [hydroxyl propyl methyl cellulose (HPMC)], Zinc Oxide, Anti-caking Agent (veg. magnesium stearate, veg. stearic acid), Vitamin B2 (riboflavin).										
Suitability	Vegan Yes					Vegetarian Yes					
Quality Requirements	All the ingredients meet the requirements of USP/NF, BP, EP, BHP pharmacopoeia or supplier specifications										
Expiration Period	Three years from date of manufacture										
Storage	Store in a cool dry place, keep out of sight and reach of children										
Caution											
Disclaimer	Use product according to directions stated on the pack. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle. Please check with your primary healthcare physician before taking this supplement if you suffer from a medical condition, are on prescribed medication, are pregnant or breastfeeding or suffer from food allergies. Food supplements are not intended to treat or prevent any disease. Do not use after the expiry date.										

HealthAid Ltd

HealthAid House, Marlborough Hill, Harrow, HA1 1UD

Tel: 020 8426 3400 **Fax:** 020 8426 3434

Email: sales@HealthAid.co.uk **Web:** www.HealthAid.co.uk