



NUTRITION INFORMATION

Serving size: 1 sachet (3.6g)

Vitamins

Vitamin C
Vitamin B12

Per Sachet

115mg
130µg

Minerals

Potassium
Chloride
Calcium
Phosphorus
Magnesium
Zinc
Chromium
Sodium

Per Sachet

200mg
324mg
48mg
37mg
26mg
2.7mg
54µg
210mg

Ingredients

Flavour Enhancer: Citric Acid, Sodium Chloride (Himalayan Pink Salt), Natural Lemon and Lime Flavour with Other Natural Flavouring, Calcium Lactate (Calcium), Di-Potassium Phosphate (Potassium), Magnesium Citrate (Magnesium), Sodium Chloride, Calcium Ascorbate (Vitamin C), Potassium Carbonate (Potassium), Natural Flavouring, Sweetener: Steviol Glycosides from Stevia, Potassium Bicarbonate (Potassium), Anti-Caking Agent: Silicon Dioxide, Methylcobalamin (Vitamin B12), Calcium Citrate (Calcium), Zinc Citrate (Zinc), Potassium Citrate (Potassium), Lemon Powder (Citrus limon), Chromium Picolinate (Chromium).

May contain traces of tree-nuts and milk, not suitable for allergy sufferers.

Informed Sport Certified – which means eat sachet of Humantra is clean, safe, and rigorously tested for banned substances.