

Graphic Packaging

INTERNATIONAL

Interlink Park

Bardon

Leicestershire

LE67 1PE

Tel: 01530 518200

Graphic Packaging Item Reference:

410900_77239_002

Customer:	Grain Group Ltd (Grain Group Ltd)
Product Description:	Protein Oats - Choconut Brownie
Customer Product Code:	CB006 PR
Graphics Service Provider:	Other
GSP Artwork Code:	P52461D11A_Keyline CB copy
Carton Design Number:	P52461D11A
Carton Style:	Freemantle Skillet with re-close
Carton Sizes:	145 x 50 x 200mm
Qty Inks Front:	5
Qty Inks Reverse:	
Qty Varnish Front:	1
Qty Varnish Reverse:	
Front Design Print Face:	Coated Side

Die Reference:

77239

Cyrel Front Reference:

V1

Cyrel Reverse Reference:

Braille Reference:

Foiling Reference:

Embossing Reference:

Black

25%

50%

75%

100%

3.50c

Cyan

25%

50%

75%

100%

2.31c

Magenta

25%

50%

75%

100%

4.00c

Yellow

25%

50%

75%

100%

2.10c

Grain Up Choconut Brown - GPC00145

25%

50%

75%

100%

145 L0UK01978

Structural

25%

50%

75%

100%

1.54c

Thermal printouts provide a representation of colour values only. For a more accurate colour guide please use an original pantone swatch library for spot colours and gmg proof for process colours. Please note that when printing spot colours we will match to digital pantone spectral data.

Varnish Free

Print Free

Varnish & Print Free

Please check this proof carefully for content, text, spelling, layout, panel orientation, varnish free area, size, colour references and colour separations etc.

Graphic Packaging cannot accept any liability whatsoever for any errors overlooked once this proof has been approved for printing production.

13

145

50

145

49

402

GRAIN UP - OVERNIGHT OAT MIX

At Grain Up, we're here to transform your breakfast. Our delicious and nutritious overnight oats are made with care, using 100% vegan, non-GMO, plant-based, gluten-free, ingredients.

Our focus is on quality, sustainability, and your satisfaction, all to give you a wholesome breakfast that energises and nourishes.

HOW TO PREP!

RIGHT HERE, RIGHT NOW

1

2

Add your favourite cold milk/m*lk (we're talking 90ml) over 60g of oat mix. Stir it like you mean it.

Toss it in the fridge to cool for a quick 6 mins, then give it a good whirl and dive in!

TRY THEM OVERNIGHT!

(Recommend)

1

2

For epic Overnight Oats, Add your favourite cold milk/m*lk (we're taking 110ml) over 60g of oat mix.

Stir it like you mean it and let it coo in the fridge overnight. Come morning, just grab it, and hit the road!

INGREDIENTS INFORMATION

CHOCONUT BROWNIE (CHOCOLATE BROWNIE FLAVOUR)
Ingredients: Gluten Free Rolled Oats 56.5%, Pea Protein Powder 12.7%, Organic Coconut Sugar, Chopped Dates (dates, rice flour), Chopped Hazelnuts 6.7%, Natural sweeteners [Erythritol, Stevia], Cocoa Powder 1.7%, Flaxseeds, Natural Flavouring.

For allergens, including cereals containing gluten, see ingredients in **bold**.
Made on premises that handle, tree nuts, sesame, soya, peanuts, mustard, and milk.

Suitable for Vegan, Vegetarian & Gluten Free diets
Store in a cool dry place. For best before, see base of box

NUTRITIONAL INFORMATION

Typical Values	Per 100g	Per 60g
Energy (kJ)	1595.2	957.1
Energy (kcal)	380.1	228.1
Fat	10.1g	6g
- of which Saturates	1.4g	0.8g
Carbohydrates	52.2g	31.4g
- of which Sugars	13.9g	8.4g
Fibre	7.8g	4.7g
Protein	19.9g	12g
Salt	0.3g	0.2g

This pack contains 5 servings
* Reference intake of an average adult (8400 kJ/2000 kcal)

5x

SERVINGS

JUST ADD MILK

BOX-CARD-SLEEVE

WIDELY RECYCLED

Net Weight

300g e

Best before:

410900_77239_002

00000

CB006 PR

5

065015

202271

POWER UP YOUR DAY

WWW.GRAINUP.CO.UK

GRAIN UP

PROTEIN OVERNIGHT OATS

CHOCONUT BROWNIE

FLAVOUR

READY IN 6 MINS

Net Weight

300g e

100% NATURAL

PLANT BASED

HIGH PROTEIN

GLUTEN FREE

GRAIN UP

PROTEIN OVERNIGHT OATS

SUPPORTS DIGESTION

SUPPORTS WEIGHT MANAGEMENT

SUPPORTS HEART HEALTH

RICH IN ANTIOXIDANTS

13

145

50

145

49

402

39.5

200

202

290.5

40

49

Graphic Packaging

INTERNATIONAL

Interlink Park

Bardon

Leicestershire

LE67 1PE

Tel: 01530 518200

Graphic Packaging Item Reference:

410900_77239_002

Customer:	Grain Group Ltd (Grain Group Ltd)
Product Description:	Protein Oats - Choconut Brownie
Customer Product Code:	CB006 PR
Graphics Service Provider:	Other
GSP Artwork Code:	P52461D11A_Keyline CB copy
Carton Design Number:	P52461D11A
Carton Style:	Freemantle Skillet with re-close
Carton Sizes:	145 x 50 x 200mm
Qty Inks Front:	5
Qty Inks Reverse:	
Qty Varnish Front:	1
Qty Varnish Reverse:	
Front Design Print Face:	Costed Side

Die Reference: 77239

Cyrel Front Reference: V1

Cyrel Reverse Reference:

Braille Reference:

Foiling Reference:

Embossing Reference:

Black

5%

10%

25%

50%

75%

100%

3.50%

Cyan

5%

10%

25%

50%

75%

100%

3.31%

Magenta

5%

10%

25%

50%

75%

100%

4.00%

Yellow

5%

10%

25%

50%

75%

100%

11.00%

Grain Up Choconut Brown - GPC00145 LCUK01978

5%

10%

25%

50%

75%

100%

19.50%

Structural

5%

10%

25%

50%

75%

100%

1.55%

Thermal printouts provide a representation of colour values only. For a more accurate colour guide please use an original pantone swatch library for spot colours and gmg proof for process colours. Please note that when printing spot colours we will match to digital pantone spectral data.

Varnish Free

Print Free

Varnish & Print Free

Please check this proof carefully for content, text, spelling, layout, panel orientation, varnish free area, size, colour references and colour separations etc.

Graphic Packaging cannot accept any liability whatsoever for any errors overlooked once this proof has been approved for printing production.