## RED SEA MOSS GEL SUMMARY

Our raw, wild crafted Red sea moss not grown on string is sourced in the pristine waters off the coast of Grenada in a place where machine boats are not permitted. We know the standards and the sustainability of the marine environment and do not source from other locations or suppliers .

Sea Moss is classified as a super food because of its mineral rich, life enhancing nutrients. It contains 92 minerals out of the 102 needed for the body to function at optimum well-being. Sea moss is a naturally potent source of calcium, magnesium, Iron, B vitamins, amino acids and a whole host of minerals, vitamins and antioxidants.

Benefits of Red Sea Moss

Boosts your body with new energy.

Supports in developing immunity against colds and flu.

Removes mucus and toxins out of the body

Helps balance thyroid hormones.

Can improve moodiness, agitation, depression and anxiety disorders

Contains anti-inflammatory, antiviral properties

