



# Slow Roasted Chick'n Barbecue

Seasoned Chicken Style Wheat Gluten and Tofu Pieces

## UK Specifications

Nutrition Information		
	Per 100 g	Per portion of 1/4 cup (52 g) (%Reference Intake RI)
Energy	969 kJ / 231 kcal	492 kJ / 117 kcal (6% RI)
Fat	8.7 g	4.5 g (6% RI)
Of which		
Saturates	0.8 g	0.4 g (2% RI)
Carbohydrate	15 g	7.6 g (3% RI)
Of which		
Sugars	8.9 g	4.6 g (5% RI)
Fibre	2.3 g	1.2 g
Protein	22 g	11 g (22% RI)
Salt	1.1 g	0.59 g (10% RI)

Reference intake of an average adult (8,400 kJ / 2,000 kcal)

Portions Per Container: 2.7

INGREDIENTS: Water, **wheat** gluten (28%), tofu (8%): water, **soya** beans, firming agents (magnesium chloride, calcium chloride); rapeseed oil, cane sugar, tomato paste, molasses, natural flavourings, white vinegar, **oat** fibre, cornstarch, sea salt, spices, potassium chloride, granulated garlic, onion powder, hickory smoke flavouring, firming agent (calcium lactate), acid (citric acid), sunflower oil, **sesame** oil, **celery** seed oil, thickeners (gum arabic, xanthan gum).

**For allergens, including cereals containing gluten, see ingredients in bold.**

### Handling

Keep Refrigerated

Ready to Eat- Not Shelf Stable

Item Number: 11926

Case GTIN: 100 25583 11926 7

Item UPC: 0 25583 11926 0

### Shelf Life

Frozen, unopened: n/a

Refrigerated, unopened: 150 days from pack date Re

Keep refrigerated. Once opened, keep refrigerated and consume within 5 days.

Net Weight: 141.7 g (5oz)

Case Pack: 5/141g

### Microbiological

Salmonella/Listeria: Negative

Coliforms/E.Coli: <100CFU/g

SPC, Yeast/Mold: <2000 CFU/g

### Preparation Instructions:

Microwave: Remove Chick'n from paperboard box. Poke 2-3 holes in microwave-friendly pouch and heat on high for 60 seconds. Let cool and toss with your favorite ingredients.

### Chemical

pH: 5.4-5.7

Aw: 0.95-0.97

Moisture: 45-49%

Hob: Sautee in a skillet with 2 Tbsp oil, on high, for 2 minutes per side. After lightly searing, let cool and enjoy.

### Preserved Identity

Vegan

Non-GMO

Certified Kosher by KSA Made in the USA

High in Protein

### Distributed by

GB:Golden Acre Foods Ltd, PO Box 331, Chertsey, KT16 6FH

Made with ❤️ in Oregon  
PO Box 176, Hood River, OR 97031

[Tofurky.com](http://Tofurky.com)

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