

HERE AT NUSH WE COMBINE OUR OWN ALMOND  
DRINK WITH SUSTAINABLY GROWN FAVA.  
WE THEN FERMENT OVERNIGHT WITH BILLIONS  
OF LIVE VEGAN CULTURES TO CREATE A DELICIOUS  
AND CREAMY, HIGH PROTEIN ALMOND YOG!  
TRULY GOODNESS IN A NUTSHELL.

- HIGH PROTEIN • VEGAN • GUT LOVING
- GLUTEN & DAIRY FREE



Made in the UK with almonds from the EU.  
Met Foods Ltd Unit 3 Manor Park, Turpin  
Lane, Erith, Kent DA8 2AT

Met Foods Ltd 5 Fitzwilliam Square  
Dublin 2, Ireland

Use by: See lid.  
Please consume within  
3 days of opening.

Keep refrigerated.  
Do not freeze.  
[nushfoods.co.uk](http://nushfoods.co.uk)  
IG: nushfoods

LET'S  
GO NUTS



# nush<sup>®</sup> PROTEIN

- HIGH PROTEIN -  
ALMOND YOG  
STRAWBERRY



## STRAWBERRY HIGH PROTEIN ALMOND YOG

### TYPICAL NUTRITIONAL INFORMATION:

|                        |              |
|------------------------|--------------|
| Servings per container | 3.5          |
| Serve size             | 100g         |
| Typical Values         | per 100g     |
| Energy                 | 410kJ/98kcal |
| Fat                    | 4.1g         |
| of which saturates     | 0.3g         |
| Carbohydrates          | 9.9g         |
| of which sugars        | 8.0g         |
| Protein                | 4.9g         |
| Salt                   | 0.14g        |

Ingredients: Almond Drink (73%) (Filtered Water, Almond), Strawberry Puree (20%) (Strawberry Puree, Fruit Extract, Water, Natural Colouring: Concentrate of Carrot, Apple and Blackcurrant, Acidity Regulator: Citric Acid), Fava Bean Protein (3%), Thickener: Tapioca Starch, Citrus Fibre, Natural Flavouring, Live Vegan Cultures.

**350g e**

Made in a factory that handles  
tree nuts. Allergen info in Bold.