



SUITABLE FOR  
VEGANS



NO ADDED  
SUGAR



FREE FROM  
YEAST



FREE FROM  
PRESERVATIVES



FREE FROM  
DAIRY



FREE FROM  
GLUTEN

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MADE IN THE UK  
COGNITIVELY LTD  
PO BOX 457  
ALDERLEY EDGE  
SK90HQ



BEST BEFORE

BATCH NO



## DIRECTONS

Serving size: Take 2 capsules daily with food or as directed by a healthcare professional. Do not exceed the recommended daily amount.

## INGREDIENTS

	2 Capusules serving provides	NRV%
Zinc ( <i>Bisglycinate</i> )	20mg	200
Dong Quoi ( <i>Angelica sinensis</i> )	50mg	
Vitamin B12 ( <i>methylcobalamin</i> )	100mcg	4000
Vitamin B6 ( <i>pyridoxal 5 phosphate</i> )	30mg	2142
Iron ( <i>Iron Bisglycinate</i> )	14mg	100
Maitake ( <i>Maitake mushroom powder</i> )	25mg	
Cordyceps ( <i>4:1 extract - equiv. to</i> )	100mg	
Citrulline ( <i>Citrulline malate</i> )	400mg	
Tribulus ( <i>Tribulus terrestris</i> )	40mg	
Saffron ( <i>4:1 extract - equiv. to</i> )	30mg	
Shatavari ( <i>Asparagus racemosus</i> <i>5:1 extract - equiv. to</i> )	1000mg	
Maca ( <i>10:1 extract - equiv. to</i> )	500mg	
Ginseng ( <i>Panax Ginseng</i> <i>25:1 extract - equiv. to</i> )	3000mg	
Ashwagandha ( <i>Withania Somnifera</i> <i>5:1 extract - equiv. to</i> )	600mg	
Ginkgo Biloba ( <i>50:1 extract - equiv. to</i> )	1800mg	
Fenugreek ( <i>Fenugreek</i> )		



## ADVICE

Keep out of sight and reach of children and store in a cool dry place away from heat and light. Food Supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle. Do not exceed the recommended daily amount. If you are pregnant, breast feeding, have a medical condition or are taking any medications, please consult your Doctor before taking this product. This product contains iron, which if taken in excess, may cause a stomach upset in sensitive individuals

## INGREDIENTS

Citrulline malate, Asparagus racemosus extract, Trigonella foenum-graecum extract, Panax Ginseng extract, Withania Somnifera extract, Zinc Bisglycinate, Iron Bisglycinate, Angelica sinensis, Maca 10:1 extract, tribulus terrestris, Ginkgo Biloba extract, Pyridoxal 5 phosphate, Maitake mushroom powder, Cordyceps extract, Saffron extract, Methylcobalamine