

## Product

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| <b>Name</b>  | Daily Multi 30 Veggie Caps  |
| <b>Description</b>   | Balanced Daily Multi Veggie Caps in our 100% reusable and recyclable bottle. Vegan and free from excipients, soy, GMO, gluten, lactose, and sugar. Every day multi vitamin and mineral complex, A powerful blend of vitamins, minerals, and nutrients. Also available in our plastic free refill pouch. |
| <b>Code</b>  | BAL27   |
| <b>Barcode</b>   | 5056078809118   |
| <b>Country of Origin*</b>  | Made and packed in the UK.  |
| <b>*Country of origin may vary from time to time and the origin stated in this document is not guaranteed.</b> |   |

## Packaging

|   |  |
|---|--|
| <b>Net Content</b>  | 30 Vegetable Capsules  |
| <b>Packaging Type*</b>  | Amber glass bottle, aluminium foil seal and aluminium lid. 100% reusable & recyclable. |
| <b>*Packaging type may vary from time to time and the type stated in this document is not guaranteed.</b> |  |

## Shelf Life

|                           |                       |
|---------------------------|-----------------------|
| <b>Maximum Shelf Life</b> | 2 Years               |
| <b>Storage Conditions</b> | Ambient (15°C - 20°C) |

## 1 Capsule Provides

| Active Ingredient |       | *NRV% | Active Ingredient |       | *NRV% |
|-------------------|-------|-------|-------------------|-------|-------|
| Vitamin C         | 100mg | 125   | Vitamin A         | 417ug | 52    |
| Vitamin E         | 36mg  | 302   | Manganese         | 333ug | 17    |
| Calcium           | 34mg  | 4     | Folic Acid        | 133ug | 66    |
| Vitamin B2        | 33mg  | 2,379 | Copper            | 100ug | 10    |
| Pantothenic Acid  | 33mg  | 555   | Iodine            | 83ug  | 56    |
| Nicotinamide      | 33mg  | 208   | Biotin            | 33ug  | 66    |
| Vitamin B6        | 28 mg | 2,000 | Vitamin B12       | 33ug  | 67    |
| Thiamine          | 26mg  | 2,418 | Chromium          | 13ug  | 33    |
| Magnesium         | 13mg  | 4     | Vitamin D3        | 3.3ug | 66    |
| Zinc              | 2.5mg | 25    | Vitamin K2        | 3.3ug | 4     |
| Iron              | 1.3mg | 9     |                   |       |       |

\*Nutritional Reference Value for Daily Recommended Intake

|                    |   |
|--------------------|---|
| <b>Ingredients</b> | Capsule Shell (Vegetable Cellulose (HPMC)), Vitamin C (Calcium Ascorbate), Calcium Carbonate, Dicalcium Phosphate, Vitamin E (D-alpha Tocopheryl Succinate), Choline Bitartrate, Vitamin B5 (Calcium Pantothenate), Vitamin B6 (Pyridoxine HCL), Vitamin B2 (Riboflavin), Vitamin B3 (Nicotinamide), Myo Inositol, Vitamin B1 (Thiamine HCL), Magnesium Oxide, Zinc Gluconate, PABA (Para-aminobenzoic Acid), Citrus Bioflavonoids, Selenium, Iron(II) Gluconate, Betaine HCL, L-glutamic Acid, Alfalfa ( <i>Medicago sativa</i> ), Rutin, Vitamin A (Acetate), Kelp, Hesperin, Glucomannan (Konjac), <b>SOYA</b> Lecithin, Manganese Gluconate, Potassium Citrate, Bromelain, Papain ( <b>SULPHITES</b> ), Apple Pectin, Vitamin D3 Oil (Lichen Extract, Fractionated Coconut Oil, D-alpha Tocopherol), Copper Gluconate, Vitamin K2, Sodium Borate, Horsetail Extract ( <i>Equisetum arvense</i> ), Folic Acid, Potassium Iodide, Chromium Picolinate, Ammonium Molybdate, Vitamin B12 (Methylcobalamin), Biotin. |
| <b>Allergens</b>   | <b>SOYA, SULPHITES</b>  |

|                             |  |
|-----------------------------|--|
| <b>Certifications</b>       | Vegan Society  |
| <b>Serving Requirements</b> | Adults take 1-2 capsules daily with a meal, or as directed by a healthcare professional. |