

ALLER-G FORMULA

Multi vitamin & mineral complex with quercetin for seasonal support

Ingredients: Magnesium (as citrate), quercetin, vitamin C (as ascorbic acid), beta 1-3,1-6 glucan (from *Saccharomyces cerevisiae*), n-acetyl-cysteine, l-lysine, pantothenic acid (as calcium d-pantothenate), resveratrol, selenium (from yeast), chromium (from yeast), zinc (as citrate), oregano 4:1 extract, manganese (as gluconate), vitamin A acetate, vitamin B1 (as thiamine Hcl), vitamin D3 (cholecalciferol), vitamin B12 (as methyl cobalamin), vitamin B2 (as riboflavin), vitamin E (as d-alpha tocopherol succinate), vitamin B3 (as niacinamide), iodine (from kelp), vitamin B6 (as P5P), vitamin K2 (MK-7), copper (as citrate), folic acid (as l-methyl tetrahydrofolate), molybdenum (as sodium molybdate), hydroxypropyl methylcellulose (capsule shell).

Recommended Intake:

Acute use: 1 capsule 3 times a day taken with food.

Maintenance: 1-2 capsules daily with food. Taken with food as a food supplement or as directed by a medical practitioner. Do not exceed the recommended daily intake. This product should not be used as a substitute for a balanced, varied diet and lifestyle.

Do not take vitamin A supplements if you are pregnant or likely to become pregnant except on the advice of a doctor or antenatal clinic.

- Keep out of sight & reach of children
- Do not use if sealing strip is missing or broken
- Suitable for vegans & vegetarians
- BEST BEFORE DATE: see base of container
- Store in a cool, dry place

PRODUCT CODE: 3460



CYTOPLAN

ALLER-G FORMULA

Multi nutrient complex with
QUERCETIN for seasonal support

Multivitamin | Immunity** | Antioxidant***



60 VEGAN CAPSULES

Food Supplement

Product Information: 60 Capsules = 20-60 days supply

Two capsules will provide on average:

Average Values:	%NRV
Vitamin A	1.5mg/5000 I.U. 187.5
Vitamin D3	40µg 800
Vitamin E	8mg 66
Vitamin C	260mg 325
Vitamin B1	10mg 908
Vitamin B2	10mg 714
Vitamin B3	8mg 50
Vitamin B6 (P5P)	8mg 570
Folic acid as 5 MTHF	50µg 25
Vitamin B12	100µg 4000
as methylcobalamin	
Vitamin K2 (MK-7)	50µg *
Pantothenic acid	50mg 832
Molybdenum	10µg 20
Magnesium	40mg 10.6
Zinc	10mg 100
Iodine	80µg 52
Copper	1mg 100
Manganese	2mg 100
Selenium	100µg 182
Chromium (GTF)	80µg 200
Beta1-3,1-6 glucan	150mg *
Quercetin	100mg *
Oregano 4:1 extract	20mg *
Resveratrol	50mg *
N-Acetyl-L-Cysteine	150mg *
L-Lysine	150mg *

** Vitamins A, C, D, E, selenium and zinc contribute to the normal function of the immune system. *** Vitamin C, selenium, zinc, manganese & copper contribute to the protection of cells from oxidative stress.

Cytoplan Ltd, Unit 98B,
Blackpole Trading Estate West, Worcester, WR3 8TJ

Tel: +44 (0)1684 310099 | www.cytoplan.co.uk

Cytoplan Ltd, EU Distributor, Fritslavägen 107,515 92,
Kinnarumma, Sweden | +46 707 414 377

NRV = Nutrient
Reference Value
*Indicates no NRV

