



Embrace the morning. This zesty blend has a lively herbal flavour of lemony minty tones with soft earthy back notes for a

BRIGHT START TO YOUR DAY

LEMON BALM

LEMON VERBENA

ROSEMARY

TURMERIC

REISHI



Lemon balm helps maintain mood and cognitive functioning. Enjoy 3 cups a day as part of a varied and balanced diet and healthy lifestyle.

We are inspired by the resilience of nature and its ability to adapt to an ever-changing world. That's why we always turn to the timeless
wisdom of plants when we are creating
solutions to those modern-day challenges that
can make life tough. If you love our teas, why
not explore our range of supplements too!
Laura & Mark
The Herbtender Founders

Infuse in freshly boiled water for 5-15 minutes, leave the bag in the cup to enjoy a stronger flavour.

NATURALLY CAFFEINE-FREE

100% ORGANICALLY GROWN INGREDIENTS

SUSTAINABLY SOURCED & PACKED

INGREDIENTS:

Lemon Balm leaf (30%), Lemon Verbena leaf, Rosemary leaf, Turmeric root (11%), Reishi (5%), Ginseng root (4%).

@THEHERBTENDER

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