

DIRECTIONS

EN Take 1-2 teaspoons of oil. Swish around the mouth for 5-20 minutes, then spit out. Do not ingest. Keep out of reach of children.

DE 1-2 Teelöffel Öl für 5 bis 20 Minuten durch die Zähne ziehen. Ausspucken. Nicht einnehmen. Für Kinder unzugänglich aufbewahren.

FR Utiliser 1-2 cuillères pendant 5 à 20 minutes, crachez. Ne pas avaler. Tenir hors de portée des enfants.

IT Usare 1-2 cucchiaini di olio dai 5 ai 20 minuti, quindi sputa. Non ingerire. Tenere fuori dalla portata dei bambini.

ES Usar 1-2 cucharaditas de aceite de 5 a 20 minutos y escupir. No ingerir. Mantener fuera del alcance de los niños.



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OIL PULLING MOUTHWASH

ACTIVATED CHARCOAL

- 100% Natural Ingredients
- Plaque Reducing Coconut Oil Formula
- Traditional Ayurvedic Practice

MADE IN THE UK
100ml 3.40floz e

INGREDIENTS

Caprylic/Capric Triglyceride[^], Helianthus Annuus[^], Cocos Nucifera Oil[^], Mentha Piperita Oil[^], Menthol[^], Tocopherol[^], Charcoal Powder[^], Limonene[^], Linalol[^].
Ingredients: ^{*}Organic, [^]Natural. Of total: 98% ^{*}Organic, 100% [^]Natural.

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